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## VASCULAR ASSOCIATES OF CONNECTICUT, L.L.C.

### DISCHARGE INSTRUCTIONS FOLLOWING ANGIOGRAPHY/ANGIOPLASTY/STENT PLACEMENT

- Because you have been given a sedative during your procedure, you should expect to be drowsy and for the next 24 hours, you **must not** drive, drink alcohol or sign any important papers.
- **ACTIVITY:** You should rest and take it easy for the next 24 hours. Avoid lifting anything heavier than 20 pounds. Ask your physician about returning to work, generally allowed after 24-72 hours. You may shower and remove the small dressing after 24 hours. A small band aid may be used to cover the wound for the next few days.
- **MEDICATIONS:** You should continue to take any medications that you were taking before your procedure, **except** Glucophage or Glucovance (Metformin) which should not be taken for the next 48 hours. You **may** be given a prescription for **Plavix** which should be taken once daily.
- **DIET:** Please drink fluids liberally after your procedure to help flush the dye that was used from your body.
- **FOLLOW-UP:** You should be seen in the office in 2-3 weeks for re-evaluation. Please call 860-246-4000 to schedule your follow-up appointment.
- **CONCERNS:** Please call us immediately if you experience any of the following problems:
  - pain or swelling at the site that the catheter was inserted.
  - If there is any bleeding, apply pressure to the site and immediately call 911 for assistance.
  - worsening pain or numbness in the arm or leg in which the procedure was done.