
VASCULAR ASSOCIATES OF CONNECTICUT, L.L.C.

DISCHARGE INSTRUCTIONS FOLLOWING ENDOVASCULAR AORTIC ANEURYSM SURGERY

- **ACTIVITY:** There are no specific restrictions on activity. You should be as active as is comfortable. Resume driving when you are comfortable without the need for pain medication.
- **BATHING/SHOWERING:** You may bathe or shower immediately upon coming home. Dissolving sutures, which do not have to be removed, were probably used. Your wounds are covered with a clear, plastic dressing which should be left in place for three (3) days. Remove it after this time and wash your incisions gently with soap and water.
- **DIET:** There are no special restrictions on your diet. Follow your preoperative dietary routines.
- **MEDICATIONS:** Unless told otherwise, you should continue taking all of the medications that you were on before surgery. You will be given a new prescription for pain medication, which should be taken every three (3) to four (4) hours if necessary.
- **FOLLOW-UP APPOINTMENT:** You should be seen in the office approximately two (2) to three (3) weeks following discharge from the hospital. A CT scan of the abdomen will have to be performed just prior to that visit and this will be scheduled with your visit when you call the office at 246-4000.

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- **PLEASE CALL US IMMEDIATELY FOR ANY OF THE FOLLOWING PROBLEMS:**
 - redness in or drainage from your incisions
 - new pain, numbness or discoloration of your feet or toes
 - new abdominal or back pain
 - **PLEASE CALL THE OFFICE AT 860-246-4000 WITH ANY QUESTIONS OR CONCERNS THAT MIGHT DEVELOP.**